

Prescription for Game Ready

DATE OF PLACEMENT: _____ / _____ / _____

PATIENT NAME:

SURGEON NAME:

DATE OF SURGERY:

DATE OF COMMENCEMENT OF TREATMENT:

PRODUCT: **Vasopneumatic Compression and Cold Therapy System Game Ready™** (including Control Unit and Wrap)

WRAP: ☐ Hand/Wrist ☐ Straight Elbow ☐ Flexed Elbow ☐ Shoulder ☐ Hip/Groin ☐ Knee ☐ Articulated Knee
☐ Ankle ☐ 1/2 Leg Boot ☐ Back

SIDE: ☐ Right ☐ Left

COST: **\$550** (gst inc) Game Ready Control Unit + Single Hose + Wrap

For further information regarding the Game Ready System, please **CALL Performance Health ANZ** on 1300 473 422.

PATIENT NAME:

ADDRESS:

SUBURB:

STATE:

PCODE:

PHONE:

EMAIL:

**PERFORMANCE
HEALTH**

For further inquiries, please contact:

Customer Service

Phone: 1300 473 422

Fax: 1300 766 473

Email: sales@performhealth.com.au

Letter of Medical Necessity

I am writing on behalf of my patient that you approve the use of the Game Ready vasopneumatic compression and cold therapy system. I consider this device medically necessary, and I am prescribing this device for the purpose of musculoskeletal injury treatment and post-operative rehabilitation.

The Game Ready System combines cold and compression therapies. It is intended to treat post-surgical and acute injuries to reduce oedema, swelling and pain where cold and compression are indicated.

RICE (Rest, Ice, Compression, and Elevation) has long been used to treat acute and chronic injury and assist in rehabilitation following orthopaedic surgery. Game Ready combines the two most difficult-to-manage aspects of the RICE regimen (Ice and Compression) by offering adjustable cold and intermittent compression in one easy-to-use system.

The anatomically-designed wraps are engineered for all major body parts, and utilize intermittent compression and fluid circulation technology, simultaneously delivering circumferential cold and compression to most major joints.

My post-operative and rehabilitative care plan calls for the use of the Game Ready device to reduce pain and swelling. Failure to control pain not only causes unnecessary suffering, but may delay my patient's recovery. Therefore, need for compliance with the required treatment is high. Given the safety and effectiveness of this unit, I prescribe and recommend that the patient use this device multiple times daily.

If you have any questions, please feel free to contact my office.

PRESCRIBED BY:

SIGNATURE: _____

DATE: _____

PAYEE DETAILS

FOR WORKERS COMPENSATION CLAIMS: Insurance company to complete & **FAX** form to **Performance Health ANZ** on **1300 766 473**.

COMPANY:

CLAIM No:

AUTHORISING PERSON:

CONTACT:

POSITION:

ADDRESS:

SIGNATURE:

PHONE:

RENTAL APPROVED:

☐ Yes

☐ No



Game Ready Cold and Compression Therapy

The Game Ready System is a device that provides intermittent compression and controlled cold therapy by controlling air pressure and fluid flow through a wrap that is specially designed for a specific body part or location (e.g., shoulder, elbow, knee, ankle, back). The wrap is comprised of a sleeve (the outer covering for the Heat Exchanger) and a Heat Exchanger. Cooling is provided by circulating ice water from the Control Unit through the Connector Hose to the Heat Exchanger. Compression is provided by an intermittent-cycling pneumatic pump that pumps air from the Control Unit through the Connector Hose to the Heat Exchanger.

Indications for Use

The Game Ready™ System combines cold and compression therapies. It is intended to treat post-surgical, acute, and chronic injuries to reduce edema, swelling, and pain where cold and compression are indicated. It is intended to be used by or on the order of healthcare professionals in hospitals, outpatient clinics, athletic training settings, or home settings.

Benefits of Cold Therapy ¹

The benefits of cold therapy are well established in the care and rehabilitation of acute and chronic injuries. Cold therapy has been shown to:

- Decrease pain and muscle spasms
- Decrease tissue damage by reducing metabolism, thus lowering the tissues' need for oxygen and limiting secondary hypoxic injury
- Decrease swelling by limiting secondary hypoxic injury

Benefits of Compression ^{1,2}

- Compression works to limit initial swelling following injury
- Compression helps control edema formation and reduce the swelling by promoting reabsorption of excess fluid
- Compression is most beneficial once edema begins occurring and is effective as long as edema is present
- Intermittent compression has been shown to be more effective than static compression in the clinical setting

Clinical Studies on Cold and Compression Therapy

Combination of cold and compression after knee surgery. A prospective randomized study.
Schroder D, Passler HH. Knee Surg Sports Traumatol Arthrosc 2(3):158-65, 1994.

Summary: The cold/compression group reported significantly less swelling and pain than the cold-alone group.

A comparison of crushed ice and continuous flow therapy.
Barber FA. Am J Knee Surg 13(2):97-101, 2000.

Summary: Continuous flow cold is superior to crushed ice for outpatient ACL reconstruction pain and should not be considered an equivalent modality.

Postoperative Cryotherapy after Total Knee Arthroplasty: A Prospective Study of 86 Patients.
Kullenberg et al. J Arthroplasty 21(8):1175-9, 2006.

Summary: Cold compression therapy improves the control of pain and might thus lead to improvement in ROM and shorter hospital stay.

References:

1. Knight, KL 1995, *Cryotherapy in Sport Injury Management*, Human Kinetics, Champaign, IL.
2. Sabiston, KB et al. 1992, *The effects of intermittent compression and cold on reducing edema in post acute ankle sprains*, Journal of Athletic Training, 27(2):140.